

Strolling along the Gulf of Mexico in Boca Grande. Clockwise from near right: The Boca Grande beach and lighthouse; fried green tomatoes at Temptation; a typical ride around town; outside Temptation.



that offers high tea in the afternoons. 4141 Main St.; 757/336-6686; missmollys-inn.com; doubles from \$140, including breakfast. **EAT** Known for clam chowder and platters of fried Atlantic shrimp and Chincoteague oysters, the **Seashell Café** hits the spot after a long day of beachcombing. 7085 Maddox Blvd.; 757/336-6005; dinner for two \$65.

MAINE LUBEC

Lubec is way Down East (it's near the New Brunswick border) and is blessed with an unfussy Victorian-Greek Revival-style downtown, 97 miles of shoreline, two lighthouses, and easy access to the former Roosevelt summer home on Campobello Island

(now an international park). **STAY** **GREAT VALUE** Situated in an 1860 Federal-style residence, the **Peacock House Bed & Breakfast** has ocean views, an eclectic library, and manicured gardens. 27 Summer St.; 888/305-0036; peacockhouse.com; doubles from \$95. **EAT** The food at **Annabell's Pub** is nothing fancy—fish chowder and the like—but the breezy Maine ambience is the real deal. 32 Water St.; 207/733-2999; lunch for two \$17.

OREGON GEARHART

With its antiques shops and picturesque hiking trails in the Necanicum Estuary, Gearhart is a favorite retreat for such Portland hipsters as Paige

Powell and Gus Van Sant. Just north of the vibrant Cannon Beach, Gearhart has miles of boulder-strewn shoreline. In the evenings, people drive onto the sand for wine and stargazing parties. **STAY** Built in 1941, the 12 attached cottages of the **Gearhart Ocean Inn** are an easy walk to the beach, and the owners will provide a "clam gun" for scooping up clams from the sand. 67 N. Cottage Ave.; 800/352-8034; doubles from \$135. **EAT** The sophisticated **Pacific Way Bakery & Café** has delicious muffins and coffee, along with a lunch-and-dinner menu that includes bay shrimp, designer pizzas, and perfectly realized crab cakes. 601 Pacific Way; 503/738-0245; dinner for two \$70. »

PACKING LIST >>



Canvas hat (SPF 30), Physician Endorsed, \$60.



Swimsuit and skin-care kit, Lisa Curran for Lavanilla, \$175.



Portable speakers, Sony, \$50.



Silicone swim cap, Tyr, \$10.



SPF 30 face cream, Clinique, \$17.50.